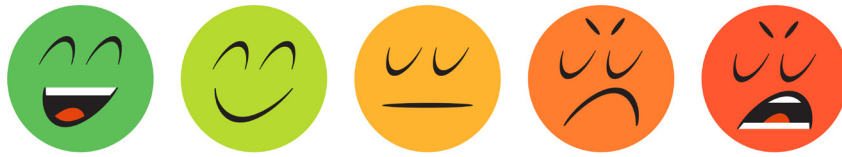


### 01 Study the sentences given.



#### Describing mood

- I feel anxious these days.
- She seems to be confused.
- I'm moody nowadays. I feel depressed.
- Someone is cyberbullying me. I'm terribly nervous.
- He looks as if he is upset.
- I'm in despair. I don't know what to do.
- I can't help feeling excited.
- I have the fear of failure.
- I'm not in the mood for a family gathering.
- I can't help thinking about my home and family. I'm homesick.
- Listening to classical music makes me feel calm and relaxed.
- Helen was in a negative, aggressive mood last week.
- You look depressed nowadays.
- You seem to be anxious.

### 02 Write the words under the correct pictures.

a. depressed

c. shy

e. sleepy

g. joyful

b. worried

d. relaxed

f. bossy

h. confused



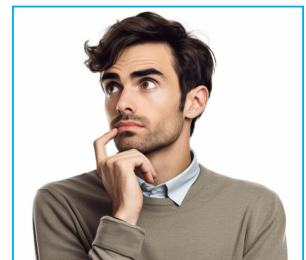
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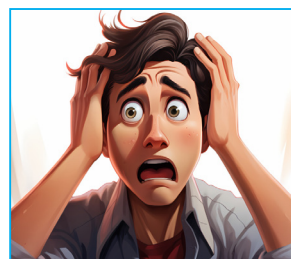
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5



6



7



8

**03/** Classify the words as positive or negative.

nervous   amused   upset   sincere   refreshed  
anxious   excited   joyful   desperate   calm  
proud   shy   scared   clever   furious  
hopeful   optimistic   pessimistic   annoyed   delicious  
depressed   safe   determined   happy   miserable

Positive

Negative

**04/** Write **DM** for Describing Mood , **MS** for Making Suggestions and **GI** for Giving Instructions .1. Talking with my mother made me joyful. 2. Why don't we go home and rest for an hour? 3. Maria seems to be angry. 4. See me in private after class. 5. How about having a warm shower? 6. You look as if you are depressed. 7. Take a deep breath and listen to me. 8. Let's go shopping together after school. 9. It seems to me that you are upset. 10. You should see a doctor urgently.

### 05 Match the suggestions to their answers.

- |   |   |
|---|---|
| 1. <input type="checkbox"/> Why don't we eat out tonight, Nina?     | a. OK. Let's choose the movie.                    |
| 2. <input type="checkbox"/> I'm bored inside. What should I do now? | b. Yes, I should because it's too late.           |
| 3. <input type="checkbox"/> Why don't you try this red dress on?    | c. I can't. I have eaten something at home.       |
| 4. <input type="checkbox"/> I think you shouldn't sell your car.    | d. I suggest going out. Look, it's sunny outside. |
| 5. <input type="checkbox"/> Let's go to the Italian restaurant!     | e. Great idea! We can swim.                       |
| 6. <input type="checkbox"/> Why don't we go to the cinema tonight?  | f. That sounds delicious!                         |
| 7. <input type="checkbox"/> What about going to the pool?           | g. I couldn't find my size.                       |
| 8. <input type="checkbox"/> I suggest you take a taxi.              | h. Thanks for the advice, but I need money.       |

### 06 Use the given adjectives to fill in the blanks. One word is extra.

confused

relaxed

delicious

happy

sleepy

- You look \_\_\_\_\_ during classes. I suggest that you go to bed early at nights.
- Maria is \_\_\_\_\_. I think she has learned the good news.
- Philip looks \_\_\_\_\_. I think he will give a wrong answer.
- John gets out after an hour of yoga session. He looks \_\_\_\_\_.

### 07 Complete the sentences with suggestions from the box. Pay attention to verb forms. One phrase is extra.

- |                           |                          |
|---------------------------|--------------------------|
| • make a quick decision   | • join a music club      |
| • see a psychologist      | • stay at home and study |
| • go home and have a rest | • walk in fresh air      |
| • lose some weight        | • waste your money       |

- I think you are good at singing. I suggest \_\_\_\_\_.
- You seem to be confused. I suggest you not \_\_\_\_\_.
- You look depressed nowadays. I suggest \_\_\_\_\_.
- You've worked hard and earned a lot. I suggest you not \_\_\_\_\_.
- You have an important exam tomorrow. I suggest \_\_\_\_\_.
- You look nervous. I suggest you \_\_\_\_\_.
- You look tired. I suggest you \_\_\_\_\_.

**08** Choose the correct options.

1. You should go to bed early at nights.  
You look - - - - .

- a) upset                                      b) shocked  
c) sleepy

2. George has strict rules at home. I think he  
is - - - - .

- a) bossy                                      b) happy  
c) humorous

3. Helen looks very - - - - . I think she has  
learned the bad news.

- a) blunt                                      b) upset  
c) amused

4. You look tired nowadays. I suggest you go  
home and - - - - .

- a) make a decision      b) meet your friends  
c) have a rest

5. I suggest you to - - - - . You look  
depressed.

- a) give advice      b) see a psychologist  
c) waste your money

6. We are late for the meeting. Why don't we  
- - - - .

- a) eat something                      b) take a taxi  
c) give a suggestion

7. There is a great comedy at the movie  
theater. - - - - we watch it together?

- a) Why don't                      b) Let's  
c) What about

8. You look very tired. Why don't you - - - - ?

- a) see a doctor                      b) go swimming  
c) take a nap

9. I'm bored, mum! - - - - have a walk?

- a) Shall we                              b) Let's  
c) How about

10. I'm very hungry. - - - - eating out tonight?

- a) Let's                                      b) How about  
c) Shall we

11. I feel - - - - because I have a science exam  
tomorrow.

- a) stressed                              b) healthy  
c) welcoming

12. My room is a mess, and I feel too - - - - to  
clean right now.

- a) surprised                              b) thankful  
c) exhausted

13. Just relax, - - - - and believe in yourself.  
You'll see that it helps.

- a) suggest                              b) calm down  
c) give advice

14. We are all happy and - - - - about our  
upcoming family vacation in Antalya.

- a) apathetic                              b) uneager  
c) enthusiastic